



# Erasmus+

## Factsheet 2 – All About the University and Ipswich



### 1. University of Suffolk – useful information

- Suffolk offers courses within 6 different Schools: Suffolk Business School, School of Law and Social Sciences, School of Psychology and Education, School of Science, Technology and Engineering, School of Health Sciences and the School of Art, Design and Humanities. Click here to view [Campus Tour](#) video.
- Suffolk has around 200 academics and over 6,000 students across four sites.
- We generally have between 5 – 10 visiting Erasmus students each semester. See this [video](#) about why Erasmus students love studying here.
- The Ipswich site has a number of key buildings including the Waterfront Building, James Hehir Building, Arts Building, Library Building and the Atrium Building. See Campus [map](#).

### 2. Cultural Ipswich

- Want to see a film? There are two large, multi-screen cinemas, one at Cardinal Park with an IMAX screen and the other is the Empire Cinema in the Buttermarket. There is also a smaller, two-screen [Ipswich Film Theatre](#) which shows independent and world cinema films.
- [Ipswich](#) has a number of venues for theatre, concerts and shows including 'Dance East' on the waterfront, 'Ipswich Regent Theatre and Corn Exchange' and the 'Wolsey Theatre'. Many pubs and clubs host live music events.
- Museum highlights include the [Ipswich Museum](#) telling the story of Suffolk's history from the Iron Age plus exhibitions on past civilisations across the globe, and [Christchurch Museum](#) a Tudor Mansion covering 500 years of history and art.

### 3. Shopping

- As well as the familiar international brands Ipswich has plenty of independent stores and a lively market which is great for fresh food, well-priced clothes and other bargains.
- There are lots of charity shops too where you can buy cheap second-hand clothes, books, ornaments for your room and more while supporting local and national charities

### 4. Food and Drink

- Facilities on campus include: Cargo Café in the Waterfront Building and in the Atrium, Cult Café Bar in James Hehir and the Arts Building Café.
- Ipswich Waterfront, Regatta Quay, has a range of bars and cafés which are popular with students. You can ask other students for their recommendations.
- Ipswich town centre has a full range of well-known chain restaurants, bars and cafés as well as many independent eating places - see <https://www.allaboutipswich.com/> for ideas.
- Feeling thirsty? Suffolk is famous for its beers and ales such as Adnams, Briarbank, Greene King and many more.
- If you travel out of Ipswich and beyond there are many farm shops which are well worth a visit to check out the local produce: see <http://www.suffolktouristguide.com/Farm-Shops-and-Farmers-Markets-in-Suffolk.asp> and <http://www.dayoutwiththekids.co.uk/things-to-do-family/ipswich/childrens-farms>

### 5. Sporty stuff

- There are two public swimming pools in Ipswich. Fore Street Pool is very close to the University. Crown Pools are about a 20 minute walk and offer a range of activities <https://www.ipswich.gov.uk/sport>
- There are lots of gyms in Ipswich including Profiles Gym on the Waterfront with a special Suffolk student membership offer approximately £16 per month, payable monthly. <https://www.ipswichfit.co.uk/fitness-classes/>
- For the more adventurous there's lots to do at Suffolk Leisure Park including dry-slope skiing <http://www.suffolkskicentre.co.uk/>
- The University has plenty of sporting activity to offer as part of its Most Active Students programme <https://www.uosunion.org/most-active-students/ipswich-schedule>
- Many students ask about buying a cheap bicycle to get around the town, this is an organisation located in a park near to the University that has second hand bikes for sale and the proceeds go to the charity. [http://www.orwellmencap.co.uk/green\\_bike.html](http://www.orwellmencap.co.uk/green_bike.html)