



Erasmus+

Factsheet 10 – What to pack?



Here are packing suggestions that might be useful for your stay in Ipswich:

- **Laptop:** If you have a laptop it is a good idea to bring it here with you. It can be useful for your studies, to contact your friends and family back home, as well as to store digital photos. Many of the accommodation providers offer free Wi-Fi. If you don't own a laptop, it is not necessary to buy one, there are many places to access computers throughout the campus. You can even take advantage of the free laptop hire service for use in the library.
- **A Coat, Hat & Umbrella:** Ipswich has a temperate maritime climate with typically warm rather than hot summers and cool to cold winters.

Suffolk rarely experiences very extreme weather meaning, on average the hottest month is July and the coldest is January. Rainfall on average falls fairly evenly throughout the year, October is the wettest month with February the driest.

The weather is unpredictable as with the rest of the UK and it is possible to see elements of all four seasons in one day. The area may experience some snowfall in the winter. Bringing hooded warm waterproof coats and hats will ensure you are prepared for any spells of wind and rain the region may experience.

Ipswich Average Weather

Average Temperature high: 14.5°C (58.1°F)

Average Temperature low: 5.5°C (41.9°F)

Average Monthly Precipitation: 47.44 (mm)

- **Power Adaptors:** UK plugs are large and have three, substantial, flat prongs. They are unlike plugs used anywhere else in Europe. If you use dual voltage appliances and devices, all you will need, throughout the UK, is a simple UK Adapter Plug.
- **Bedding:** On arrival at your accommodation, you may find a bed but that no bedding is provided. Many accommodations do not provide any cooking utensils such as pots, pans, cutlery or plates etc. You therefore may want to pack some sheets, duvet covers, towels to carry with you but purchase a pillow, a duvet and your kitchen equipment on arrival. We will advise you on the best place to purchase these items for the best price. Alternatively, there is a service to pre-order a bedding and /or a kitchen pack to be waiting for you on arrival. Please ask Erasmus@uos.ac.uk for further details.
- **Mobile Phone:** You can purchase a new non-contract SIM card at many phone shops in the town centre. If you don't change your SIM, be aware of data roaming charges if you use your phone in the UK.
- **Uniform:** For those of you on the Radiography/Radiotherapy exchange, you will be expected to wear uniform during your hospital placement. The uniform consists of smart black trousers, a white tunic and smart black comfortable shoes.

Bear in mind if you arrive at either London Heathrow, London Gatwick, London Luton airport you will have to negotiate travelling on several forms of public transport to arrive into Ipswich e.g. over ground trains and the London Underground. There for pack lightly and think about buying items you cannot carry when you arrive in Ipswich.

We suggest you arrive into Stansted Airport where you can take a direct bus to Ipswich.